

# Coronavirus: Weekly update from Camden Council

For the latest information and support from Camden Council and its partners, including updates to services:

- Visit [camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus) – includes information in different languages
- Check the Council's news pages at [news.camden.gov.uk](https://news.camden.gov.uk)
- Follow Twitter [@CamdenCouncil](https://twitter.com/CamdenCouncil) and Facebook [facebook.com/LBCamden](https://facebook.com/LBCamden)
- Speak to someone at the Council directly by calling **020 7974 4444 (option 9)**.

 **SIGN UP** to the Council's coronavirus e-newsletter at [camden.gov.uk/coronavirus-updates](https://camden.gov.uk/coronavirus-updates)

## Stay home, save lives



A national lockdown was announced on 4 January 2021 to control the spread of coronavirus. These restrictions are due to last until at least mid-February. For more information, go to [gov.uk/coronavirus](https://gov.uk/coronavirus)

-  Stay at home unless you're leaving the house for a permitted reason, in which case, stay local
-  Only leave the house to exercise once a day alone, or with people you live with, those in your support bubble or one person from another household
-  You must not socialise indoors or outdoors with anyone you don't live with or are not in a support bubble with
-  You must work from home if you can
-  You must only travel for a permitted reason and walk or cycle where possible
-  If you are clinically extremely vulnerable you should only go out for medical appointments, exercise or if it is essential. You should not attend work
-  Schools will remain closed until February half-term, except for vulnerable children and children of key workers

A number of grants and financial support packages are available to help businesses affected by the lockdown. More information will be available on the Government website. You can also visit Camden Council's webpages for advice and support at [camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus)

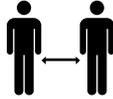
## Follow public health advice to prevent you catching or passing on coronavirus



Wear a face covering in indoor public spaces and busy outdoor spaces, unless you're exempt



Wash your hands regularly



Keep 2 metres apart from people you don't live with

## Contact Camden Council if you need support

If you're worried about anything – including self-isolating, your housing situation, accessing a business grant, your finances, home-schooling your children or your mental health – please contact the Council for advice and support. Speak to someone on **020 7974 4444 (option 9)** or find out more at [camden.gov.uk/coronavirus](https://camden.gov.uk/coronavirus)



The news of a lockdown is heartbreaking for so many residents already struggling. Despite the fatigue we all feel, we must continue to follow public health advice to save lives and protect each other. The last year saw so much pain but it also saw extraordinary generosity and community spirit. I know Camden will come together again to get us through a difficult winter.

My clear and heartfelt message to Camden residents is to please stay at home wherever possible. Coronavirus cases are very high in Camden so residents have a much higher risk of catching it than previously. This is a dangerous situation that requires every one of us to play a part – we continue to see rising infection levels and hospitalisations in London putting the NHS under huge strain.

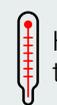
Another lockdown will bring great anxiety for many residents. I can assure you that Camden and our communities are here to support you through this at this difficult time. We will also do everything in our power to support the vaccine rollout, which gives us real hope for much brighter times in the months ahead. Thank you to all Camden residents who are making sacrifices to stop the spread of the virus and to every single person on the front line working to keep us safe.

**Councillor Georgia Gould, Leader of Camden Council**

## Got symptoms? Self-isolate and get a free test



New, persistent cough



High temperature



Loss of, or change to, sense of smell or taste

If you develop symptoms, however mild, you must self-isolate to prevent you passing the virus on and book a free test at [nhs.uk/coronavirus](https://nhs.uk/coronavirus) or by calling **119**. Alternatively, you can book an appointment at the Ramsay Hall test site (W1T 5HB, no step-free access) directly with Camden Council by calling **020 7974 4444 (option 9)** – who can help you access support to self-isolate or with anything else at the same time.

## Schools, colleges and nurseries

Primary and secondary schools, as well as further education colleges, will now stay closed until February half-term in line with national COVID-19 lockdown restrictions – except for vulnerable children and the children of critical workers. All other children will be learning online from home. Your child's school or college will be in touch about their arrangements.

Early years and childcare services, including children's centres, nurseries and childminders, will remain open, although staff absences (including COVID-19 related sicknesses) mean that places are being prioritised for vulnerable children and children of



critical workers.

For more information and the latest updates visit [camden.gov.uk/schools-children-and-families](https://camden.gov.uk/schools-children-and-families)